



COMMUNIQUÉ

Newsletter of Manipal College of Dental Sciences, Mangalore

Volume 1; Issue 1
June 2016



EDITORIAL

It is my privilege to be the editor of the first issue of **Communiqué**, the newsletter of MCODS Mangalore. As the name suggests, Communiqué will relay the activities and achievements of Manipal College of Dental Sciences, Mangalore, serving like a chronicle of events that mark our continuing journey to excellence in dental education and research.

Life at MCODS Mangalore means so many things to so many people... To our students, it is a buzzing and vibrant hive of learning and education; to our alumni, it evokes a chapter in the nostalgic memory of their student life; to an employee, it is emblematic of the ideal workplace with a great sense of belonging and pride; and to each of us, a challenge to keep ourselves leagues ahead. As Alfred Tennyson had said, "I am a part of all that I have met" and on a personal note, I feel happy that my experiences of MCODS Mangalore are a happy amalgam of all of these!

Communiqué promises to be unique as succeeding issues of this bulletin will be compiled and edited by a different department each time thereby giving our esteemed readers a refreshing take on events and happenings at MCODS Mangalore. The newsletter is conveniently arranged into sections outlining and highlighting our salient activities, achievements and laurels.

I gratefully acknowledge all the support and inputs received from all my colleagues at the **Department of Oral Pathology and Microbiology, MCODS Mangalore**, the Editorial team of this pioneering issue. As you will see when you read on, we take pride in our ability to look at ourselves with a dash of humour, strongly believing that life is a balance of wit and wisdom.

I appreciate the special effort by my colleague, **Dr. Srikant N.** in the compilation and arrangement of data. Special mention must be made of our alumnus, **Dr. Shanmukh Srinivas Rao** (Batch of 2008) who readily agreed to depict the Dept. of Oral Pathology in a lighter vein! The Communiqué was conceptualized by **Dr. Dilip Naik, Dean of MCODS Mangalore** and every page that you (e-)turn reflects his dynamism in the smooth running of our institution. I take this opportunity to record my gratitude for his valuable inputs and also appreciate the support of **Dr. Mohan Baliga** and **Dr. Ashita Uppoor**, Associate Deans, MCODS, Mangalore.

We look forward to receiving inputs and suggestions that may be sent by email to codsmng@manipal.edu.

Dr. Karen Boaz
Professor and Head
Dept. of Oral Pathology and
Microbiology, MCODS,
Mangalore

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ACTIVITIES

Ranked 13th in India!

TOP 20 DENTAL COLLEGES										
Rank 2016	Rank 2015	Name of the Institute	P-Pvt G: Govt	City	Selection process (85)	Academic excellence (209)	Personality Dev't & exposure (222)	Infrastructure & facilities (178)	Placement (200)	Total 2016 (1,000)
1	1	Maulana Azad Institute of Dental Sciences	G	Delhi	192.0	183.0	205.8	158.0	172.9	911.7
2	2	Manipal College of Dental Sciences	P	Manipal	170.0	177.2	188.0	159.5	158.6	853.3
3	3	Government Dental College & Hospital	G	Mumbai	170.0	170.0	200.0	137.0	152.0	829.0
4	4	Nair Hospital Dental College	G	Mumbai	172.0	175.0	178.0	126.0	154.0	805.0
5	5	Government Dental College & Research Institute	G	Bangalore	186.0	168.0	175.0	133.0	141.0	803.0
6	6	Faculty Of Dental Sc, King George's Med. Univ.	G	Lucknow	147.0	161.0	183.0	154.0	154.3	799.3
7	Np	Christian Dental College	P	Ludhiana	173.0	168.0	169.0	148.0	132.9	790.9
8	7	Dr. R. Ahmed Dental College & Hospital	G	Kolkata	184.0	156.0	169.0	133.0	143.0	785.0
9	8	Post-graduate Institute of Dental Science	G	Rohatak	161.0	161.0	165.0	134.5	150.0	771.5
10	9	S.D.M College of Dental Sciences & Hospital	P	Dharwad	155.0	157.0	181.0	130.0	139.0	762.0
11	10	Sri Ramachandra University	P	Chennai	136.0	143.0	174.0	149.0	159.0	761.0
12	11	Bavithi Dental College & Hospital	P	Davangere	147.0	154.0	177.7	145.0	138.6	757.3
13	12	Manipal College of Dental Sciences	P	Mangalore	148.0	166.0	172.3	127.5	137.1	751.0
14	13	Faculty of Dental Sciences, MS Ramaiah Med College	G	Bangalore	127.0	145.0	164.0	147.5	157.0	740.5
15	14	SRM Dental College	P	Chennai	146.0	145.0	167.0	151.0	130.0	739.0
16	15	Faculty Of Dental Sciences BHU	P	Varanasi	150.0	147.0	162.0	142.0	130.0	731.0
17	16	Government Dental College & Hospital Nagpur	G	Nagpur	160.0	191.0	126.9	125.5	127.0	730.4
18	17	Army College of Dental Sciences	P	Secunderabad	156.0	128.0	162.5	126.0	141.4	715.9
19	19	Government Dental College & Hospital	G	Aurangabad	151.0	149.0	158.0	113.5	142.0	713.5
20	20	College Of Dental Sciences Davangere	P	Davangere	147.0	162.4	150.0	118.0	135.0	712.4

Manipal College of Dental Sciences, Mangalore was ranked 13th among the dental colleges in India as per the Outlook-Drshti Survey (published in July 2016). The college was ranked 6th in the nation for its academic excellence with a score of 166.

Visits to our campus

A team from **Henry M. Goldman School of Dental Medicine** visited our institute on 26th February, 2016 to explore the potential for international collaborations and research opportunities. The team consisted of **Dr. Jeffrey, W. Hutter**, Dean, BUGSDM, **Dr. Laisheng Chou**, Professor of Oral Medicine and Biomaterials and **Dr. Sudha Chinta**, Endodontist, Goldman School of Dental Medicine, Boston University, USA. They visited the various departments of the Dental College and interacted with the students as well.



A team from the **National Accreditation and Assessment Council (NAAC)** visited our institute in the month of May 2016 as part of the process of accreditation of Manipal University. The team assessors, **Prof. Dr. Jiban Misra** and **Prof. Dr. P. V. Wanjari**, were given an overview of the achievements and future goals of the **Dr. Dilip G Naik** and heads of the various Departments followed by verification of our declarations. The meticulous detailing



and compilation of activities paid off with **Manipal University** achieving a superlative grade as awarded by NAAC.

"When you aim for perfection, you discover it's a moving target"

-George Fisher

The Registrar of Manipal University **Dr. Narayan Sabahit** paid a visit to MCODS, Mangalore on 16th January 2016. He visited the CBCT terminal in Department of



Orthodontics where Dean **Dr. Dilip Naik** and **Dr. Nandita Shenoy** (Associate Professor, Dept. of Oral Medicine and Radiology) demonstrated the functioning of the unit.

Dr. Ravikiran Ongole, Professor in Department of Oral Medicine and Radiology was invited as a keynote speaker at the 5th International Conference for Healthcare and Medical Students (ICHAMS) conducted by the research summer school of Royal College of Surgeons, Ireland (RCSI) in Dublin on the 19th and 20th February 2016. He addressed more than 200 undergraduate healthcare students as he spoke on the Diagnostic Challenges in Oral Cancer. **Dr. Joanna Baptist**, Reader in Department of Oral and Maxillofacial Surgery was invited to conduct a workshop in Suturing Techniques at the same conference.



Visit to UiTM Malaysia Campus

The Faculty of Dentistry, Universiti Teknologi Mara (UiTM), Malaysia organized a Dental Symposium in April 2016 that saw a delegation of 7 participants from Manipal College of Dental Sciences, Mangalore, Manipal University. The team included **Dr. Nidhi**



Manaktala, Reader in Department of Oral Pathology, **Dr. Shakthi Dorai**, **Dr. Akanksha Singhal** and **Dr. Zeena D'Costa** (postgraduate students) and **Miss Sana Chawla**, **Miss Ansu Ann Abraham** and **Miss Tanya Sawhney** (undergraduate students) who were graciously welcomed by the founding Dean, Professor **Dr. Mohamed Ibrahim Abu Hassan**. Our delegates brought laurels in the oral and poster presentation competitions by winning from amongst many Malaysian and International student delegates.

Continuing Professional Development Programmes

CPD on “Growth Modulation”- Concepts and Application

The Department of Orthodontics and Dentofacial Orthopedics, MCOADS, Mangalore conducted a one day CDE program “Growth Modulation-

Concepts and Application” on 9th January, 2016 where renowned experts in the field shared their knowledge and experience with over 100 delegates, mostly post-graduate students in Orthodontics from dental colleges in and around Mangalore city.



Dr. Girish R. Karandikar, Professor, Mahatma Gandhi Mission's Dental College and Hospital, spoke on the relevance and importance of functional appliances while **Dr. G. Sreejith Kumar**, Professor, Government Dental College, Trivandrum discussed diagnosis and treatment planning and bite registration. **Dr. Kiran Kumar H.C**, Professor, Bapuji Dental College, talked about orthopedics in orthodontics and conducted a live demonstration of head-gear bending and delivery.

“Bite of Crime”, a workshop on Forensic Dentistry



“Bite of Crime”, which was attended by 270 delegates. This workshop is the third of the interactive series conducted by MUSRF since its inception, a year ago. **Dr. Ashith B. Acharya**, a pioneer of forensic odontology in India, was the resource person for the workshop and he delved into his experience in forensic odontology in identification and estimation of age, gender and bite marks. The hands-on workshop that followed gave the students an opportunity to practice digital methods of age estimation and bite mark identification.

The Chief Guest, **Dr. Sanjeev M. Patil**, Deputy Commissioner of Police, (Crime and Traffic) of



Mangalore City Police, gave a brief description of the crime scene and the importance of dental evidence in solving a crime. He also recommended inclusion of crime scene visitation as part of the dental curriculum.

Dr. Dilip G. Naik, Dean Manipal College of Dental Sciences, Mangalore, presided over the function and **Dr. Suresh Kumar Shetty**, Head of Forensic Medicine, KMC Mangalore was the guest of honour.

The team of MUSRF MCODS Mangalore chapter deserves special mention for their enthusiasm and we laud the efforts of the President **Ms. Sanchitha Chandar** and her team members, **Sana Chawla**, **Hussain Lokhandwala**, and **Ms. Durga Sanjana**.



RESTORENDO-2016

Restorendo is the recurring theme of Continuing Professional Development (CPD) programmes conducted by the Department of Conservative Dentistry and Endodontics.

The first edition in the series, RESTORENDO 2016 was held on 03rd March, 2016 and was marked by lectures by three renowned speakers in the field of esthetic dentistry. The programme was greatly appreciated by the audience of over 150 participants that included interns, post graduate students and teaching staff from various dental colleges in and around Mangalore.



Dr. Arvind Shenoy,
Professor, Dept. of
Conservative Dentistry,
Bapuji Dental College,
Davanagere.
“Ceramic Veneers - Protocols
for predictable clinical
success”



Dr. Nagarathna, Professor,
Dept. of Periodontology,
A. J Institute of Dental
Sciences, Mangalore.
“Periodontics and restorative
interrelation- a way to perfect
restodontium”



Dr. Shashi Rashmi Acharya,
Professor in Dept. of
Conservative Dentistry and
Endodontics at MCODS,
Manipal.
“Posterior Aesthetics”

RESTORENDO II: 2016



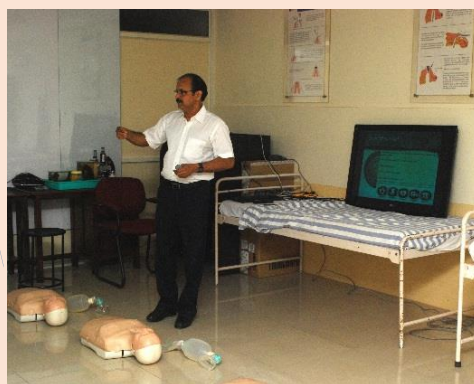
The second edition of RESTORENDO II was held on 29th June, 2016 to motivate and orient young researchers towards conducting research and publishing their work. **Dr. N Vasudev Ballal**, Professor in Dept. of Conservative Dentistry and Endodontics at MCODS, Manipal and **Dr. Ramya Shenoy**, Associate

Professor in Dept. of Public Health Dentistry, MCODS, Mangalore, shared their wealth of experience in drafting research proposals, planning and applying for grants in their talks titled “Plan Purposefully, Prepare Prayerfully, Proceed Positively & Pursue Persistently” and “Grant- “How and When?” respectively.



Dr. Suchitra Shenoy M, Professor in Dept. of Microbiology, K.M.C., Mangalore, lectured on “Perspectives of microbiology in dentistry” focusing on the scope to study the host/ microbial interaction, oral biofilms, endodontic microbiology, Infection control Protocol and various microbiological methods in dental research

Basic Life Support



The ever popular **BLS (Basic Life Support)** course was held successfully in March and April, 2016 by the staff of the Dept. of Oral and Maxillofacial Surgery, MCODS, Mangalore ably assisted by the Dept. of Anesthesiology, K.M.C., Mangalore. This course is conducted annually for the enhancement of skills of students, interns and post-graduate students and included training in CPR and intubation techniques.

Interactive session on research grants

An interactive session on “How to Apply for Research Grants” was held on 6th June 2016 with **Dr. Unnikrishnan**, Associate Dean, KMC, Mangalore as the resource person. All the teaching staff benefited immensely as he narrated his successful experiences in obtaining grants.



Spoken Kannada Classes



We gratefully appreciate **Dr. Ramya Shenoy**, Associate Professor in Dept. of Public Health Dentistry and **Dr. Sangeeta Nayak**, Reader, Department of Periodontics, for volunteering their time and talent to conduct spoken Kannada classes. This has surely served to enhance the communication between students, patient community and public.



CULTURAL AND SPORTS EVENTS

CINECODS 2016

The much-awaited annual event of the **Dental Week** in February 2016 saw great enthusiasm, splendid talent and healthy competition displayed by the staff and students of MCODS, Mangalore. The theme for this year, “**CINECODS 2016**”, was based on the world of cinema. While the events were over in February, the memories still linger...



Annual Sports Day

“All work and no play make Jack a dull boy!” The Annual Sports events of MCODS Mangalore culminated in the **Annual Sports Day** held on 14th February 2016, at Mangala Stadium, Mangalore. Students competed in the track and field events held on that day with other events held on preceding days. Kudos to the DSA for the conduct of successful sports meet under the able sportsmanship of **Mr. Sparsh Kapoor**, Sports Secretary, DSA, MCODS, Mangalore.



“Sports is human life in microcosm”

-Howard Cosell

LAURELS

Undergraduate

Honours at PG entrance examinations

We are proud of our students who keep the MCODS flag flying high by consistently bagging the first few ranks in the multiple post-graduate entrance examination conducted each year. Kudos to our toppers in the examinations held by Manipal University and COMED-K!

Dr. Nikita Agarwal;
1st



Dr. Aswini Bhanudas
Dessai; 3rd



Dr. Fidha Nazeer; 4th



Dr. Isha Gupta; 4th



Dr. Shreyasi
Tiwari; 10th



Manipal University Entrance Examination (DPET 2016)

Dr. Kamath Apoorva
Shrinivasa; 5th



Dr. Monica Goyal; 8th



COMEDK 2016

"We are what we repeatedly
do. Excellence then, is not
an act but a habit"

-Aristotle

Dr. TMA Pai Gold Medal



Ms. Fong Chia Ying

Ms. Fong Chia Ying was conferred with the prestigious Dr. TMA Pai Gold Medal for the Best Outgoing Student of the Year 2015 during the College Day Celebrations. It was indeed a moment of pride to watch as she was repeatedly called on stage to be awarded prizes in individual subjects too! Stories of success like hers are the material for our young students to dream about and emulate.

Award at International Symposium

Ms. Ansu Ann Abraham was awarded the best oral presentation for her study entitled "Micronuclei assay in patients using various forms of smokeless tobacco" at the 6th Dental Symposium organized by UiTM, Malaysia on 20th April 2016.



"Altius ibunt qui as summa
nituntur." (They will rise
highest who strive for the
highest place)

-Latin Proverb

Awards at HOMEOSTASIS-2016

A student team comprising Ms. Pooja N., Ms. Maithreye, Ms. Aarthi Chand, Ms. Preeti P and Ms. Mahima S from the I year of BDS won the Consolation prize at the District-level Physiology competition on "HOMEOSTASIS - 2016"

(Poster/Collage/Model/Concept map) held at Yenepoya Medical College, Deralakatte on 5th May 2016.



Elsevier Student Ambassador -2015

Ms. Devyani Bahl, has been selected as the Elsevier Student Ambassador-2015-16 from South East Asia.



Innovation day

Team MCODS, Mangalore won the first place in the institution category of awards at the Innovation Day 2015 of Manipal University held on 19th December, 2015. An innovative design for a Smartphone adaptor for Microscopes (Telepath) by Dr. Srikant N and Dr. Ravindra Kotian bagged the first place in the individual category and Post graduate students of Department of Periodontology won the second place for the innovative Dental Go-pro. The achievement is laudable as this is the second time MCODS, Mangalore is bagging this prestigious title from amongst 21 institutions under the umbrella of the Manipal University.



Postgraduate

The Post Graduate students of the Department of Orthodontics & Dentofacial Orthopaedics won the awards in their respective sessions at the 20th IOS Post Graduate Convention at Amritsar from 3rd to 6th March 2016.



Dr. Poulomi Roy

- I Prize at the Table clinic for "MU HOOK- simplifying PNAM"



Dr. Khyati Narula

- II Prize for Clinical Poster titled 'Weeksary v/s Monthsary'
- (canine distraction v/s retraction).



Dr. Utkarsh Mangal

- III Prize in the Clinical Innovation paper category "iNAM single stage nasoalveolar moulding"

"Think like a man of action, act like a man of thought"

-Henri Louis Bergson

“Success is the sum of small efforts, repeated day in and day out”

-Robert Collier



Dr. Kartik S Nath and **Dr. Mary Byju**, first year Post Graduate students in the **Department of Conservative Dentistry and Endodontics** received awards for the best Scientific paper at their respective sessions at the 17th IACDE-IES PG convention held on 1st April 2016, **Bhopal**. Their papers were titled “Comparative evaluation of second mesiobuccal canal detection in maxillary first molars using magnification and illumination” and “Efficacy of Probiotic Drink Containing Lactobacillus Casei Shirota Strain on Factors Affecting Dental Caries” respectively.

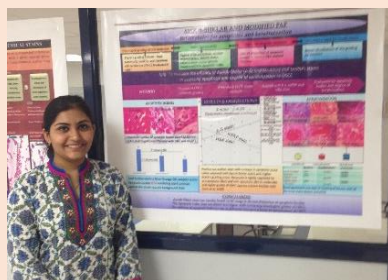


Dr. Vignesh Palanisamy, **Dr. Avani Jain** and **Dr. Tinsy Mary Titty**, Post Graduate Students of the **Department of Pedodontics and Preventive Dentistry** won the First Place in the Scientific poster competition on the topic titled “Bio Esthetics: A new Horizon” at the 13th National PG Convention of the Indian Society of Pedodontics and Preventive Dentistry, held at **Hyderabad**, Telangana, from 26th to 27th Feb-2016.



Dr. Pushkar Kumar and **Dr. Lekha Sharma**, 3rd year Post Graduate students of the **Department of Oral & Maxillofacial Surgery** won the Third prize in the Intercollegiate Oral & Maxillofacial Surgery Quiz “Academic Intelligensia” conducted on 12th February 2016 at A. B. Shetty Memorial Institute of Dental Sciences, **Mangalore**.

Dr. Alekhya Kamakshi, **Dr. Gayathri** and **Dr. Chakradhar Sana**, Postgraduate students of **Department of Periodontology** won the first prize for their poster titled “Dentist’s third eye (Dental Go-pro)” at the Student Research day on 20th of February 2016. Their invention based on the same also won the second prize in the Innovation day held in December 2015.



Dr. Ankita Sharma, Post graduate student of **Department of Oral Pathology and Microbiology**, won the Second Prize for Poster presentation titled “Ayoub-Shklar and Modified PAP: better stains for Apoptosis and Keratinization” at Students Research Day held on 20th of February, 2016 under the aegis of Manipal University Student Research Forum (**MUSRF**) at **Mangalore**.

Dr. Shakthi Dorai, Postgraduate in the Department of Oral Pathology and Microbiology, won the second prize for her E-Poster category titled “EMT and OSMF: a correlation of epithelial signet cell change with vascularity and collagen maturation” at the 6th Dental Symposium organized by **UiTM, Malaysia** on 20th April 2016.



Teaching Staff



Dr. Dilip Naik, Dean,
Professor, Department of
Periodontics

- **Distinguished Alumnus Award** conferred at the Golden Jubilee celebrations of MCODS, Manipal



Dr. Premalatha K.,
Professor & Head,
Department of Oral and
Maxillofacial Surgery

- **The Good Teacher Award** for the year 2015 conferred on College Annual Day in March 2016



Dr. Nandita K.P.,
Associate Professor,
Department of Oral
Pathology & Microbiology

- **Dr TMA Pai Gold medal for Outstanding Research, 2015** conferred on College Annual Day in March 2016



Dr. Shobha Rodrigues,
Professor & Head,
Department of
Prosthodontics and
Crown & Bridge

- Recipient of award for **Best Audio-visual material-2015** on College Annual Day in March 2016



Dr. Puneeth Hegde
Assistant Professor,
Department of
Prosthodontics and Crown
& Bridge

- Second prize for **Best Audio-visual material-2015**, on College Annual Day in March 2016



Dr. Karuna Y.M.,
Assistant Professor
Paedodontics and
Preventive Dentistry

- Secured **1st rank in MDS examination** May 2015, Rajiv Gandhi University of Health Sciences, Karnataka, in the specialty of Paedodontics and Preventive Dentistry

“The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires.”

-William Arthur Ward

Alumni

It is indeed a matter of great pride for any institution to see their alumni lead other institutions. We congratulate our alumni who are heading various Dental Colleges as **Dean/Principal** and wish them great success.



Dr. Nirmala Rao, PG
alumna of Dept. of Oral
Pathology (1987)
Manipal College of
Dental Sciences, Manipal



Dr. VA. Afzal
(Batch of 1988)
AL Azhar Dental
College, Thodupuzha,
Kerala



Dr. Manoj Varma
(Batch of 1989)
Srinivas Institute of
Dental Sciences,
Mangalore



Dr. Ponnanna A.A.
(Batch of 1989)
Krishnadevaraya College
Of Dental Sciences &
Hospital, Bangalore



Dr. Jayaprasada K (Batch of 1990)
Century International Institute of
Dental Science And Research
Centre, Kasargod



Dr. M.C. Prashanth
(Batch of 1990)
R.K.D.F. College Of Dental Science,
Bhopal

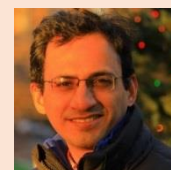


Dr. George P John
(Batch of 1991)
Mar Basalious Dental College,
Kothamangalam, Kerala



Dr. Deepshika, alumna (Batch of 2005), qualified as a finalist in the contest for Mrs. India Queen of Substance 2016 held at New Delhi and was crowned Mrs. Elegant 2016.

We congratulate **Dr. Manish Juneja** (alumna of Batch of 1997 and PG alumna of Dept. of Oral Pathology) on being selected as a member of the Advanced Standing /International Dental Student (AS/IDP) advisory committee for American Student Dental Association.



Cultural



"Always the bridesmaid, and finally, the Bride!!" This couldn't be truer when the students of Manipal College of Dental Sciences, Mangalore bagged the Championship trophy at the legendary **UTSAV 2016**, the Annual Intercollegiate Cultural competitions of Manipal University. Every alumna of each constituent college of Manipal University has at some point in their student life breathed and dreamt of the day they would be the victors and thanks to a

"Lord! We know what we are, but know not what we may be."

-William Shakespeare

“Alone we can do so little;
together we can do so
much”

-Helen Keller

dynamic Dental Student Association led by **Mr. Dhiraj Panjwani** and ably guided by **Dr. Mithun Pai**, Cultural Coordinator we emerged the winners from nearly 3000 participants in 41 competitions.

The Staff of **MCODS Mangalore** bagged the 3rd place in the staff category of **UTSAV 2016**.



Sports



The Department of Physical Education and Sports of **NITK Surathkal** organised an inter-college Chess Tournament on 25th and 26th March, where **Mr. Sparsh Kapoor**, **Dr. Subhagit Routh**, **Mr Yash Singh** and **Miss. Vaishnavi** represented **MCODS**, Mangalore and secured the third position.



Miscellaneous

International Women's day

Our talented and creative students bagged the first and second positions in Collage making competition on the topic “Gender Equality” held to commemorate **International Women's Day**. The event was jointly hosted by Indian Dental Association (DK Branch) and Dept. of Public Health Dentistry, **AJ Institute of Dental Sciences** at City Centre Mall on the 8th of March, 2016. First place: Team comprising **Natasha Raura**, **Aashna Roy** and **Alisha Ono Idris**. The second place was bagged by **Juhi Aswani**, **Saahil Khandelwal** and **Pratish Aggarwal**.

Miscellaneous activities

Gender Sensitization

A talk on Gender Equality and Sensitization was delivered on 29th of January, 2016 by **Ms. Sabitha Seetharam**, **MEMG-Bangalore**. The interactive session was appreciated by all students and members of the teaching and non-teaching staff of **MCODS**, Mangalore.



International Yoga day

The 2nd **International Yoga Day** enthusiastically brought together the students and staff of Kasturba Medical College, Mangalore and Manipal College of Dental Sciences, Mangalore in their quest to find inner peace through meditation. Led by the expertise of **Mr. Shrikar B**, an engineer and yoga enthusiast affiliated with The Heartfulness Organization, and **Dr. Dhanashree B**, a Professor in the Department of Microbiology, the audience was guided on various techniques in meditation and relaxation.



Farewell Dr. Sudha P, Professor, Pedodontics

Dr. Sudha P retired after an illustrious teaching career that spanned more than 35 years. In her tenures as the Professor and Head of the Dept. of Pedodontics and Preventive Dentistry, Dr. Sudha was instrumental in moulding the careers of many students. We wish her well as she settles into a richly-deserved retired life, secure in the knowledge that she has earned the goodwill of her innumerable students and colleagues.



Celebrating the 153rd birth anniversary of Swami Vivekananda



On 12th January 2016, the Staff and Students of Manipal College of Dental Sciences, Mangalore (led by **Dr. Mithun Pai**, Cultural Co-ordinator) and Kasturba Medical College,

Mangalore jointly organized a celebration of the 153rd Birth Anniversary of Swami Vivekananda at the Centre for Basic Sciences, Bejai, Mangalore. In Essays and Posters, the students pondered on the Teachings of Swami Vivekananda and the relevance of tradition in modern society.



"Today I close the door to the past... open the door to the future, take a deep breath and step on through to start the next chapter in my life."

"Arise! Awake! And stop not until the goal is reached"

-Swami Vivekananda

"No one can whistle a symphony. It takes a whole orchestra to play it."

-H.E. Luccock

Spotlight on the Department

The Department of Oral Pathology and Microbiology, Manipal College of Dental Sciences, Mangalore was established in 1987 with an aim to develop and maintain standards of excellence in teaching, histopathological interpretation, diagnosis, and research. In nearly 3 decades, this Department has contributed to the academic growth and patient care that our institution is famed for.

Under the able guidance of the founder Head of the Department, **Dr. KARH Sastry**, a venerable doyen in the field of Oral and Maxillofacial Pathology, our Department had the rather unique honour of being made a centre for post-graduate study ever since the inception of the college. Through the years of change that have followed, numerous students (undergraduate and postgraduate) that have passed through the portals of this department have lauded the role of its teachers and their teaching in making them successful alumni.

The Department of Oral Pathology guides students in the foundation of Oral Histology and Dental Anatomy (in the I B.D.S.) before they come to understand the manifestations of various



oral diseases taught to them in the II and III year of B.D.S. in the subject of Oral Pathology. The curriculum is being constantly tweaked and refined with the system laying emphasis on the outcome of learning rather than mere memory and recall. A rigorously planned 3 year course ensures the competency of our post-graduate students before they are awarded the M.D.S. degree. The research

that is generated is presented at various national and international conferences and subsequently published in academic journals of repute.

Numerous unique CPD programmes conducted under the aegis of the Department include the popular Oral Pathfinder quiz, and interactive programmes like PictoGuage, Grossanalyse, Speci-Mount, Immunoguards etc. We continue to engage the dental professional community through online beaming of subject content through our innovative "Mind Maps" freely available on social media.

You can learn more about our Department at <http://manipal.edu/mcods-mangalore/department-faculty/department-list/oral-pathology-microbiology.html>. Also, you can follow us on Facebook @ Mind Maps Dept. of Oral Pathology, MCODS, Mangalore.



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